



Nassau Counselors' Association Presents:
2024 CAP Conference
Mental Health in the Modern Age:
Clinical Insights, Best Practices
and Executive Functioning in the
Age of Technology

This year's annual CAP Conference will have leading experts delve into crucial topics impacting mental health and well-being in today's digital era. This event will feature insightful discussions on tech addiction, teen mental health and the effective utilization of goal-setting strategies to enhance executive functioning in adolescents.

Counselors, Administrators and Parents (CAP) Conference

Friday, March 22, 2024
8:15 a.m.–2:30 p.m.

Adelphi University
Ruth S. Harley University Center
One South Avenue
Garden City, NY 11530

ATTENDANCE AT THIS EVENT IS FREE.

Visit adelphi.edu/CAP for details on the CAP Conference, including program specifics and workshop descriptions, and to register online.

The Americans with Disabilities Act (ADA) and Adelphi University require that all events be accessible. To request a reasonable accommodation, please contact infoevents@adelphi.edu; please allow for a reasonable time frame. University Admissions will, when necessary, collaborate with the Student Access Office.

