

Long Island Counselors' Annual Conference

LICAC 2018

"Responding to a Changing World"

Tuesday, November 6, 2018

7:30 am – 2:30 pm

Huntington Hilton • 598 Broad Hollow Road • Melville, NY

Keynote: Through the Eyes of the School: Caring for Youth and Mental Health

With nearly one in five youth meeting criteria for a mental health disorder before the age of 15, increasing knowledge and awareness about childhood mental disorders for school personnel is critical. Stigma remains a serious barrier to acceptance of a diagnosis and of treatment and leads to increased morbidity and mortality in this population. Strategies to work with families to reduce stigma will be discussed. Educating youth about mental health problems is important to increase awareness and acceptance of these problems.



Presented by Dr. Victor Fornari

As the Director of Child & Adolescent Psychiatry at Zucker Hillside, **Dr. Victor Fornari** has worked with vulnerable youth and their families with mental disorders for over thirty years. As Professor of Psychiatry & Pediatrics at the Donald & Barbara Zucker School of Medicine at Hofstra/Northwell, Dr. Fornari has been involved in the education and training of medical students, residents and fellows in Psychiatry, as well as educating school personnel for the past thirty years. Currently, Dr. Fornari is the President of the American Association of Directors of Child & Adolescent Psychiatry.

Breakout Sessions topics including, but not limited to:

Therapeutic Implications When Working with Latino Immigrant Youth and Their Families	Resources for Educators to Keep Immigrant Students and Their Families Together
Understanding Self Injury: A Behavior on the Rise	Working with LGBTQ Youth
Stress in the Digital Age: Social Media and Mindfulness	Reducing Stigma Regarding Mental Illness in Children and Adolescents
Understanding the Needs of the Suicidal Student	Vaping: The Impact on Today's Youth
Seeing Clearly Through a Trauma Lens: Understanding the Impact of Trauma on Children	Staying Connected in an Uncertain World: Creating More Emotionally Healthy School Communities
Mindfulness, Movement, Breath and Social Emotional Learning in our Classrooms	Supporting Students with Interrupted & Inconsistent Formal Education (SIFE): An Overview
Opioids and Beyond: The Changing Nature of Addiction on Long Island	What is Conflict Coaching? An Intro for School Professionals

PLEASE REGISTER WITH YOUR SCHOOL DISTRICT'S BOCES:

Eastern Suffolk BOCES: webreg.esboces.org Nassau BOCES: nassauboces.org/webreg Western Suffolk BOCES: wsboces.org/webreg

COST: \$175 per person

AUDIENCE: School Counselors; School Social Workers; School Psychologists; School Mental Health Counselors

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